

## Interview

1. What was it like having a daughter who was unwell as a teenager?

It was difficult, because I wasn't sure of the best way to help her. I was worried about her future, and I wanted to make sure she succeeded in life.

2. How did you feel about the situation at the time?

I was worried, but I had also gone through the same thing myself, so I didn't think there was anything too serious going on.

3. Did you know where to go for help?

The only place I knew of was my GP, who would hopefully have some idea of how to help.

4. What help did you seek at the time?

We went to our GP, who recommended a pill to help with pain. It did help a bit, but it has been a problem for you since then.

5. What did you think the problem was?

I just thought it was normal bad period pain, because I had the same problem growing up.

6. How much do you know about endometriosis now?

I know a bit more after your diagnosis. I don't know nearly as much as you though!

7. What would you have done differently, knowing what you do now?

I would have pushed to have you seen by a specialist if I'd know how serious it was.

8. What do you think the best way to reach a mother about this issue is?

Other than having a doctor give me the information, I think having it be more present in society would have made all mothers more aware. Seeing it on TV, on brochures, posters, etc. would have helped this.

9. What way do you like to research an issue of concern?

I usually do a google search. Sometimes I read the news if it's relevant, or talk to other mums.

10. Whom do you trust in your community? Why?

Doctors are pretty trustworthy people. They are required legally to be honest about our health.

11. Do you trust other mothers regarding issues about your children?

It depends on the issue. Those who have the same experience I trust more than just those with general advice who might not know what they are talking about.

12. What way do you like to connect with other mothers?

If we can't connect face to face, I use social media or other online sources to catch up.

13. What do you think the best way to help a daughter with endo would be?

Get the right medical help for her and know where to go.

14. What advice would you give to other mothers whose daughters have endo?

Get help early and know as much as you can. The sooner you can get help, the better her health will be.

15. When your daughter was a teenager, would you have felt comfortable talking to her about endometriosis?

Yes, I think it would have been important for her to understand the issue, especially if she had symptoms of it.

16. Ideally, how active would you like to be in the endometriosis/pelvic pain community?

I don't want to be too involved, but I understand that for some mums it might make them feel better.

17. Do you feel the process of getting a diagnosis for your daughter was easy or difficult?

It was easy for a diagnosis, but only after your symptoms got worse. The time between you having bad periods and it getting worse was difficult though.

18. How do you feel about the response by medical professionals to your daughter's symptoms/concerns?

Some have been good. Your GP has helped a lot, but you saw a lot of others who didn't really care or understand. It took a while for you to find a good specialist too.

19. Did you know the average wait for a diagnosis is eight years? If not, does this surprise you?

I didn't know that. It doesn't really surprise me though because of all the doctors we saw who had no idea what to do for you.

20. What is the hardest part about being the mother of a daughter with endometriosis?

Knowing that it stops you from doing a lot of things. Because it is chronic, it will always be there, and you will probably have to have more surgeries in the future. That scares me.