

WHAT IS ENDO?

DO I HAVE ENDO?

WHO CAN HELP?

CONNECT

CONTACT US



**DON'T W8
TO KNOW
ENDO**

come and connect with us on social media



share your story using **#don'tw8toknowendo**



**What is
Endo?**

general info

(just the basics)

specific info

(when you want to know more)

- + Endometriosis (endo) affects around 1 in 10 women, or about 10% of the Australian population.

- + The condition occurs when the tissue that normally lines your uterus and sheds during your period grows and implants into other areas of your body.

- + When you have your monthly period, these growths (called lesions) shed tissue too, and this causes pain, and other symptoms, depending on where the lesions are.

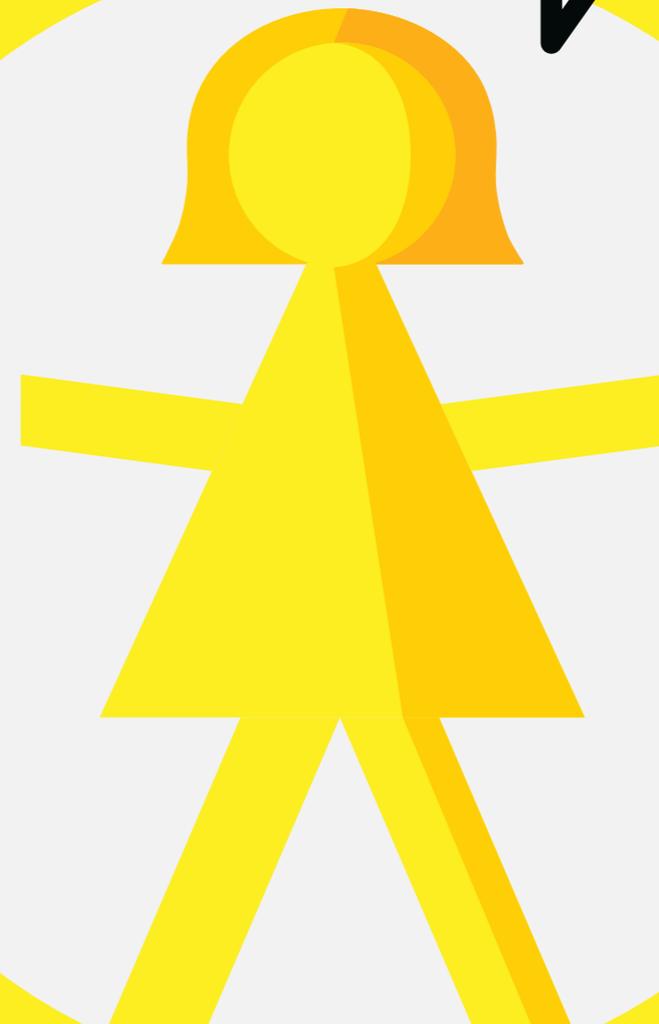
- + You can get these lesions anywhere in your body, but it is most common to get them in your abdomen - on your ovaries, your abdominal walls, your bowel, bladder, and other organs in this area.

- + The most common symptom of endo is pain - this might be during your period, and can also be at other times of the month, depending on the severity of your condition.

- + Other common symptoms include fatigue, headaches, bowel and bladder issues, nausea, lower back pain and pain down your legs.

- + Teens are just as likely to get endo as adult women, so it is important if you're experiencing these symptoms, and they're impacting on your life, that you speak to someone, and get help to diagnose and manage the condition.

General Info



Where are you from?

**Who Can
Help?**

ACT

NSW

NT

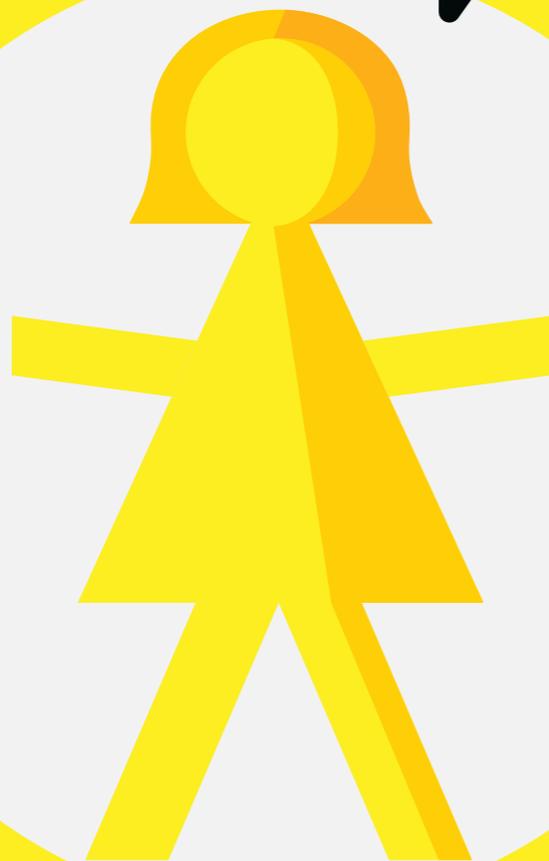
QLD

SA

TAS

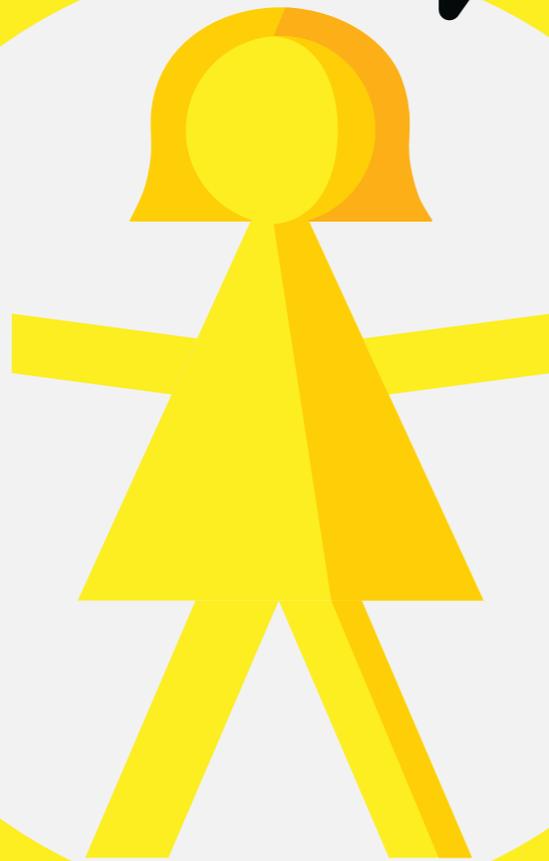
VIC

WA



SA

**Who Can
Help?**



Endometriosis Specialists

- + Dr. Susan Evans
38 The Parade, Norwood, 5067
(08) 8363 2811
www.drsusanevans.com
- + Dr. Jane Woolcock
Connery House, 69 Barnard Street,
North Adelaide, 5006
1300 604 377
www.oandg.com.au
- + Dr. Victoria Nisenblat
Level 9, 431 King William Street,
Adelaide 5000
(08) 8100 2900
www.fertilitysa.com.au
- + Dr. Ian Jones
23 Robe Terrace, Medindie 5081
(08) 8361 8787
www.drianjones.com.au

Who do you want to connect with?

**Other
Sufferers**

**Support
Groups**

**Medical
Professionals**

Connect

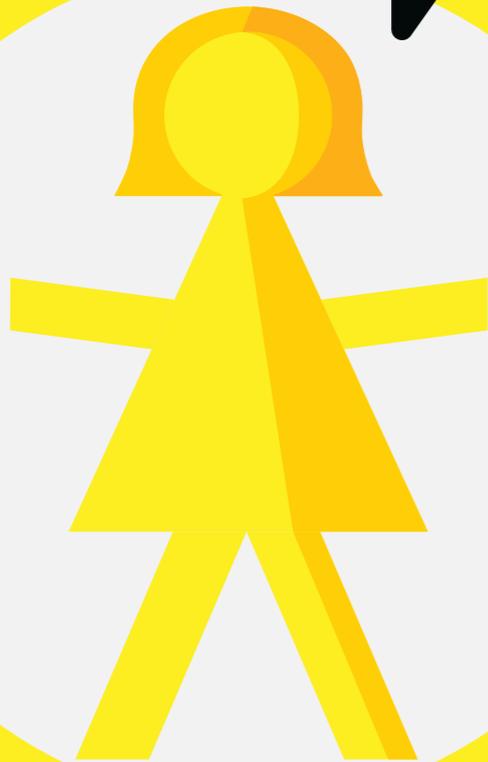


Connect with other sufferers using our forums below or get in touch using #don'tw8toknowendo

Sticky: Forum Rules - start here	Hi everyone, before you start posting there are some rules you should know. This keeps these forums safe from...	12 20	by endoadmin 1/1/17 11:59pm
finding support groups in Qld?	hi guys, i want to find a support group for teens in brisbane. does anyone know of any that they are a part of? thnx...	2 8	by saraj 2/6/17 4:30pm
ablation vs excision? need advice	I've just been told by my doctor that I have suspected endo, and they want to perform an ablation procedure. I've read...	9 14	by emmm 19/8/17 9:45am
ideas for endomarch 2018	hi everyone, i've made this forum as a way for us to come up with ideas for next year's endomarch. I want to run a...	16 32	by endosue 26/11/17 11:14am
talking to parents about seeing a doctor?	hi guys. I'm looking for some advice about how to talk to my parents about my pain and problems with my periods...	3 7	by COco 3/7/17 9:22pm
meetups for june!	Hello everyone! This thread is a roundup of the monthly meetups that are happening around the country in June...	26 38	by missendo 19/8/17 9:45am
dealing with pain and schoolwork	i'm looking for some advice if anyone has any experiences with dealing with bad pain while at school. i'm finding...	4 10	by loulou 7/9/17 12:34pm
heavy periods and swimming	so this might be a bit tmi! but i have heavy periods and i am a competitive swimmer. any other endo girls have any adv...	3 5	by swishss 22/10/17 8:25pm
Exercise for Pain?	Does anyone have any recommendations for exercises that are good for endo pain? I am struggling with bad pain...	16 20	by gGEI 9/11/17 4:50pm

[New Post](#)

Contact Us



You can speak to our trained staff about anything to do with endo, 24/7. Connect with us using the chat link below, or send us an email using the links below. You can also connect with us on our social media pages using the links here. Use **#don'tw8toknowendo** to connect with us and others who are going through the same endo journey as you.

Chat with us
(confidentially, 24/7)

Email us:

connect@dontw8toknowendo.org

Business Enquiries:

hello@dontw8toknowendo.org

Visit our sister site:

endometriosisaustralia.org

